



# NORTHAMPT TENNIS COACHING

School Coaching 2021

www.northamptontenniscoaching.co.uk

## What is School Coaching?

our aim is to encourage as many children to try tennis as possible like. Currently we visit over over 40 schools per year in Northamptonshire and want to Continue to Visit more schools and give Children a taster of tennis you never know who could be the next Emma Raducanu!

our programmes our designed with the following priorities:

- 🥏 Learn the basic rules in order to play the sport.
- igspace Experience the competitive side of the game at a local tennis club to them.
- Receive taster sessions and opportunities to try tennis.
- 🧢 Install excellent fundamental skills at an early age with key Stage 1.
- 🥏 Encourage them to join a local club...... Let their journey begin!



EAT. SLEEP. **TENNIS** REPEAT

## What is Key Stage 1 & 2 Tennis?



#### 1) Key Stage 1, Skill Development:

This a 6 week block of lessons for Years 1 & 2 working on the key skills needed to play tennis.

- Balance
- Accuracy
- Reactions
- Teamwork
- Control
- Scoring £25.00 per class / per session



This is organised in two stages, practice and tournament.

#### **Practise makes perfect:** In the practice sessions the school can book as many sessions

as they would like. We recommend 4-6 per class is ideal, a minimum of 2 is required. In these sessions the coaches will teach the kids all the rule of tennis, and some helpful tips for the competition.

#### In the tournament phase, the school will need to arrange

**Terrific Tournaments:** 

transport to one of our local tennis clubs. There we will run a tournament for each year group and award medals for 1st, 2nd & 3rd.

£25.00 per class / per session.

# We offer a chance for children or

3) Before & Afterschool Clubs:

parents for the best way to start or end the day. £35.00 per session or parents pay





www.northamptontenniscoaching.co.uk



£5 per session.

We accept childcare vouchers "OFSTED registered" childcare provider





FOR ENGUIRIES OR TO BOOK A PLACE:

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